

Appendix B

Evaluating Coaching Potential

GETTING THE BEST COACHING RELATIONSHIP

A Tool for Coaches

This evaluation form is designed to assist the potential coach in deciding the potential success of a proposed coaching relationship.

Potential Client's name: _____

*Following an introductory interview,
assign a number to each statement based on the following:*

- 3** - *This definitely or very probably is true of this person*
- 2** - *This appears to be true of this person*
- 1** - *This might be true of this person*
- 0** - *This is not true or very likely not true of this person*

- ___ Wants to change and grow
- ___ Has taken efforts to change or grow within the past year
- ___ Is willing to consider new assumptions, values and behaviors
- ___ Is not involved in counseling at present
- ___ Gives no evidence of personal problems that could interfere with the coaching process
- ___ Is willing, if it seems wise, to get more training, do reading, or engage in other activities that could bring change and growth
- ___ Is willing to restructure one's life if necessary
- ___ Understands that coaching is not mentoring, advice giving, or counseling
- ___ Is capable of thinking about the future
- ___ Has goals that are not yet being reached
- ___ Is willing to work with a coach in a collaborative relationship
- ___ Is open to learning from others
- ___ Appears willing and able to persist in moving toward goals
- ___ Is willing to be accountable to another person
- ___ Is open for God's leading in the coaching process
- ___ Appears to be "in synch" and have good chemistry with the coach
- ___ _____
- ___ _____

*Feel free to add additional statements. There are no right or wrong answers.
The higher the score, the better the potential for a successful coaching relationship.*

